

2022 ANNUAL HOLISTIC YOGA RETREAT

Listening with our hearts

MAY 22, 23, 24, 2022

The evolution continues as we explore the Mind, Body, and Spirit...Deepening our experience with Yoga and Meditation. This retreat can help you go deep within yourself to discover your true self and allow you to find your own path to wholeness.

Location:

**The Chalfonte Hotel
Cape May, NJ**

**For information & reservations
contact:**

**Karen Manette Bosna:
609-827-8886
kbosna28@yahoo.com**

Experience guidance in various styles of Yoga and Meditation practices for all levels. Drum Circle- Bring your own drum or percussion instrument.

**Retreat registration
\$250 per person**

Deposit of \$50
required to reserve
your space

(Deposits are non-refundable)

Space is limited,
Sign up early!

**Deadline for payment in full:
04/30/2022**

Yoga Cape May
www.YogaCapeMay.com

